

CHLAMYDIA

SYMPTOMS

Often none but can include:

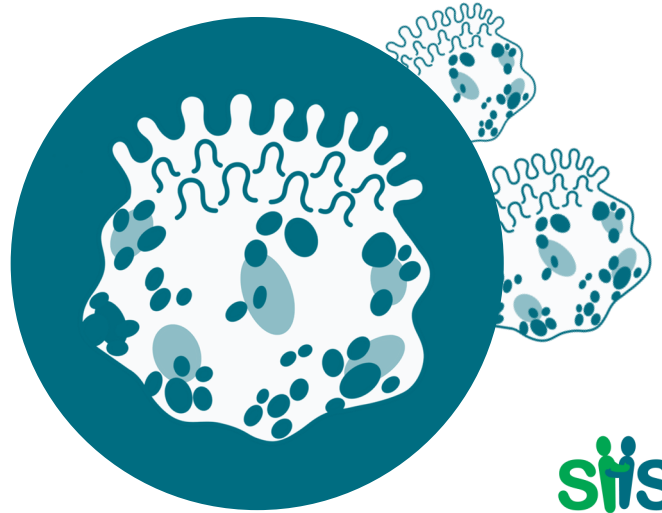
- An unusual discharge from the vagina, penis or rectum
- Pain on passing urine and/or urinating more often.
- Heavy periods or irregular bleeding between periods
- Pelvic/lower abdominal pain
- Abdominal pain during sex
- Bleeding during or after sex
- Painful swelling of testicles, or irritation at the top of the penis

EFFECTS ON HEALTH

If left untreated, chlamydia can lead to pelvic inflammatory disease and infertility.

TREATMENT

A course of antibiotics.



GENITAL HERPES

SYMPTOMS

- Fluid filled blisters on and around the genitals and anus which burst, leaving small, red, painful sores
- Pain when urinating
- Stinging or itching in the genitals and anus
- Vaginal discharge
- Flu like symptoms

EFFECTS ON HEALTH

If a person has had genital herpes they may experience recurrent episodes that become milder and less frequent over time.

TREATMENT

Antiviral medication. Treatment is given to relieve symptoms.



GENITAL WARTS

SYMPTOMS

Often no visible symptoms and can be months or years before warts appear. Symptoms can include:

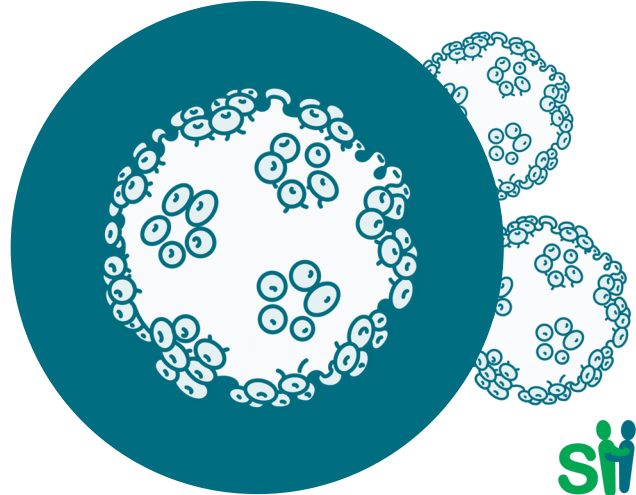
- Lumps or warts either alone or in clusters that can appear in/around the vagina, anus and upper thighs and anywhere on the penis, scrotum or urethra
- Normally painless but can be occasionally itchy

EFFECTS ON HEALTH

No effect on health but can be recurrent and we might not like the way they look.

TREATMENT

Cream or lotion. Warts can also be frozen or heated in clinic. It can take a while for warts to completely disappear.



GONORRHOEA

SYMPTOMS

Often none but can include:

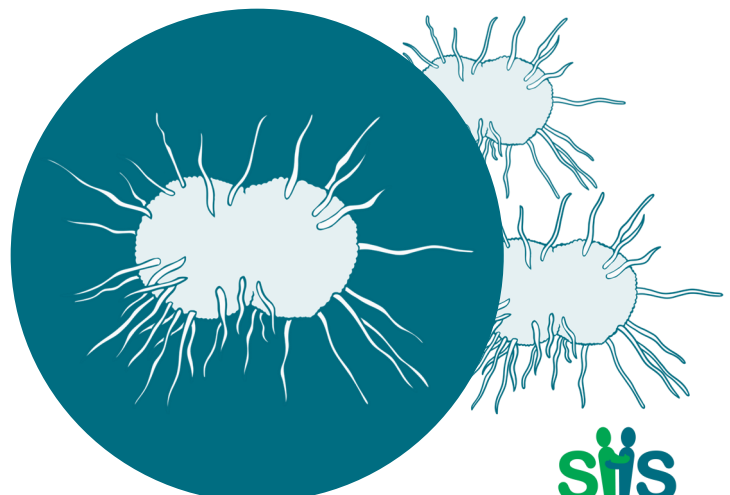
- A yellowish, white or green discharge from the penis or vagina
- Discharge from the anus
- A burning sensation when urinating
- Lower abdominal pain/tenderness
- Heavy periods or bleeding between periods
- Painful swelling of foreskin or pain in testicles

EFFECTS ON HEALTH

If left untreated, gonorrhoea can lead to pelvic inflammatory disease and infertility.

TREATMENT

Antibiotic injection in buttock or thigh.



HEPATITIS B

SYMPTOMS

Sometimes none but can include:

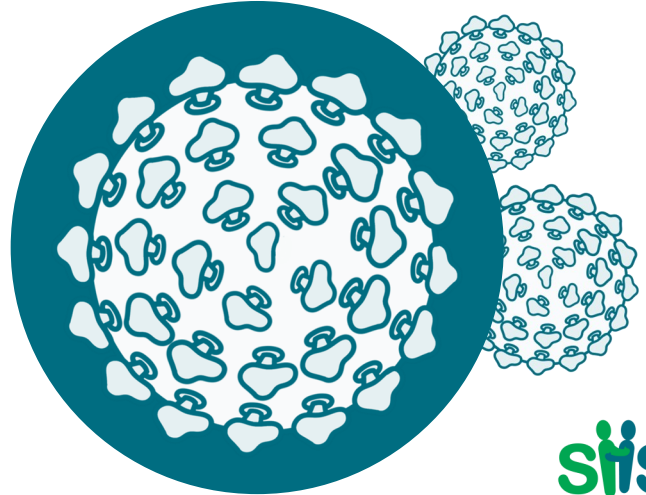
- Flu like symptoms
- Loss of appetite
- Feeling or being sick
- Diarrhoea
- Stomach pains
- Yellowing of the eyes and skin

EFFECTS ON HEALTH

If left untreated, hepatitis B can lead to damage of the liver.

TREATMENT

Hepatitis B can clear on its own, but treatment may be required if not cleared after 6 months.



HIV

SYMPTOMS

Around 80% of people will have a short, two week flu-like illness soon after getting the HIV virus.

Symptoms may include:

- A high fever
- A sore throat
- Tiredness
- Achy joints
- Swollen glands
- A rash

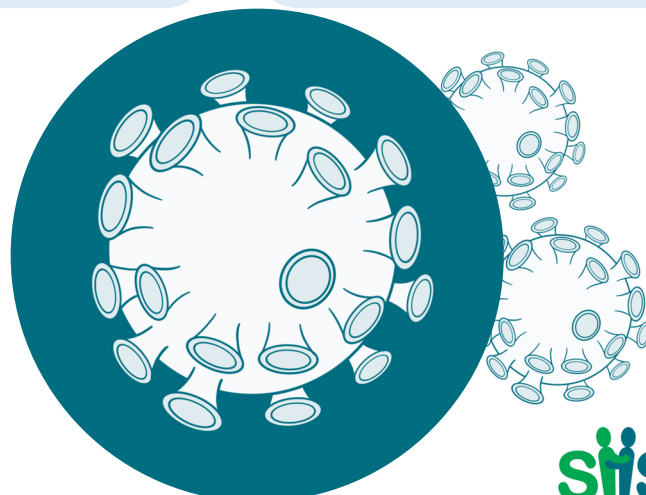
After these clear, there may be no symptoms for many years.

EFFECTS ON HEALTH

There is no cure but without treatment HIV can develop into AIDS, when other illnesses and cancers can be life threatening.

TREATMENT

Managed by medication. PrEP and PEP can prevent the virus taking hold if there has been exposure to HIV.



PUBIC LICE

SYMPTOMS

It may take a few weeks for symptoms of a pubic lice infection to appear and can include:

- Itching, irritation, or inflammation in affected areas of the body
- Black powder (droppings) in underwear and bedding
- Brown eggs, yellow/grey or red lice found in body hair

EFFECTS ON HEALTH

No long term effects but can be spread through intimate contact and sharing clothing, bedding etc.

TREATMENT

Special lotions/creams/shampoo. Wash all clothing and bedding on a high temperature.



SYPHILIS

SYMPTOMS

Often none but can include:

- Stage 1: small painless, very infectious sore, usually on the genitals, anus or mouth, but can be in other places
- Stage 2: a painless rash on the palms or soles, warts on the genitals, flu-like symptoms, white patches on the roof of the mouth
- Stage 3: can include paralysis, blindness/deafness, strokes, and dementia

EFFECTS ON HEALTH

If left untreated, syphilis can cause long term, permanent health problems, and can also be fatal when at stage 3.

TREATMENT

Single antibiotic injection or a course of injections.



TRICHOMONIASIS VAGINALIS

SYMPTOMS

Often none but can include:

- Soreness, inflammation and itching of the genitals
- A frothy, yellow-green vaginal discharge that has a strong unpleasant smell
- Thin, white discharge from the penis
- Pain during sex and urinating
- Lower abdominal pain
- Itchy inner thighs
- Inflammation of the foreskin

EFFECTS ON HEALTH

If untreated, can increase risk of pelvic inflammatory disease, and if pregnant, can cause premature birth and/or a low birth weight.

TREATMENT

A course of antibiotics.



TYPES OF INFECTIONS

BACTERIAL INFECTIONS

CHLAMYDIA/GONORRHOEA/SYPHILIS

VIRAL INFECTIONS

GENITAL WARTS/GENITAL HERPES/
VIRAL HEPATITIS/HIV

PARASITIC INFECTIONS

TRICHOMONAS VAGINALIS/
PUBIC LICE/SCABIES

FUNGAL INFECTIONS

BALANITIS/THRUSH