

What to do next...

For more information, upcoming dates and to book your place,

Visit: www.sexualhealthsheffield.nhs.uk

Click on the 'training' tab

Call: 0114 226 8888 – press option for 'training and resources'

Email:

FSRH General Training Director –

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FSRH Course Convenor –

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Sheffield's Guide to the Letter of Competence in Subdermal Contraceptive Implant Techniques



This is a clinical training programme aimed at doctors and nurses already working in general practice and community sexual health services who wish to develop the necessary knowledge, attitude and skills to support women seeking Subdermal implant contraception. It will enable them to hold consultations, provide and remove contraception competitive implant, and manage any complications or side-effects that may occur.

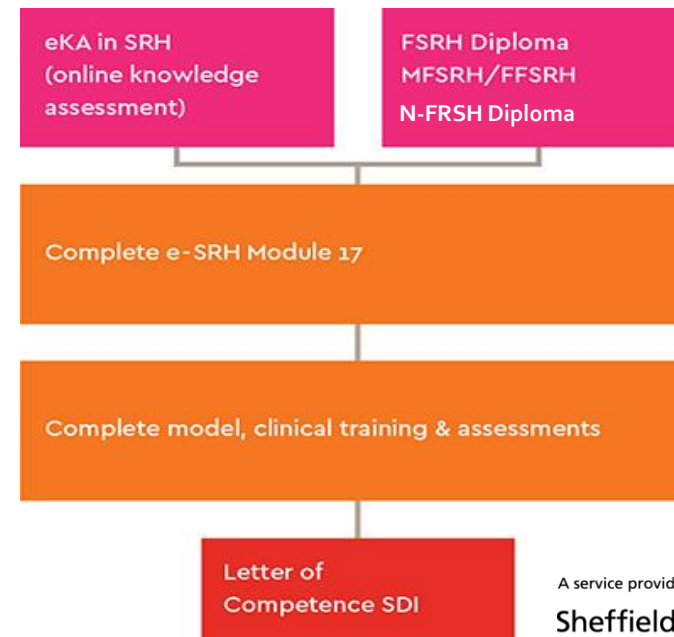
The Letter of Competence in Subdermal Contraceptive Implants (LoC SDI) is suitable for both doctors and nurses working in general practice, community and integrated sexual health services.

The FSRH LoC Subdermal Implant training package

All information and links are available via:

<http://www.fsrh.org/careers-and-training/letter-of-competence-subdermal-implants-loc-sdi/>

Training Routes



A service provided by

Sheffield Teaching Hospitals NHS Foundation Trust

Entry requirements

GMC/NMC

Doctors must be registered with the GMC and have a licence to practise within the UK.

Nurses must be on the UK NMC register (excluding RN Level 2).

eKA

If you do not hold a current FSRH Diploma, N-FSRH Diploma, MFSRH or FFSRH, you must pass (or have recently passed) the online knowledge assessment (the 'eKA in SRH'). If you do hold a current FSRH Diploma, N-FSRH Diploma, MFSRH or FFSRH, there is no need to take the eKA. The eKA can be accessed via: <http://www.fsrh.org/members/eka/>. There is a £75 fee for each attempt at the eKA. The assessment takes 1 hour 45 minutes and must be completed in a single sitting. A successful completion of the eKA will provide an eKA Pass Certificate in the form of a downloadable pdf document.

Completion of e-SRH Module 17

You must complete Module 17 of the e-SRH. This is an e-learning package, free to NHS professionals, which contains interactive learning modules on various topics. Each module lasts around 20 minutes. The e-learning can be accessed at:

<http://www.e-lfh.org.uk/programmes/sexual-and-reproductive-healthcare/>

Basic Life Support and Anaphylaxis Training

The entry requirements for the LoC SDI include the need for trainees to provide evidence that they are up to date with Basic Life Support and Anaphylaxis Training in accordance with their employer's local policy, including competency to give intramuscular injections.

Practical Training

Usually candidates will attend 3 Clinic sessions with Sexual Health Sheffield. Trainees will first use a model arm to practice inserting and removing subdermal implants.

The training then moves to live volunteers: you must complete as many supervised insertions and removals as necessary until your trainer is satisfied that you are competent.

Sometimes candidates will need to attend 4 or 5 clinical sessions before they are competent to fit and remove subdermal implant contraception. Practical training must continue until the trainer is completely satisfied with the level of competence achieved by the participant (extra sessions are charged at £50 per session).

Summary of Costs

eKA - £75 per sitting (directly with the Faculty)

Clinical Sessions - £300 (attendance at 3 clinical sessions)

LoC SDI application fee – £53 for current FSRH members (Associates, Members, *Fellows and current holders of the Diploma*); £265 for non-members. (directly with the Faculty)

Please note: *even if you do not hold a Diploma or Nurse Diploma, you can still apply to become an Associate Member of the Faculty. This allows you to pay the reduced membership rate for LoC awards and to gain free recertification if you continue to pay the annual Associate Membership fee.*

Refresher training sessions – clinicians that have not done enough Subdermal fittings to be re-accredited or need to gain in confidence can attend a refresher session - £50 per session