

Summary of Costs

eKA - £75 per sitting (directly with the Faculty)

Clinical Sessions – £400 (attendance at 3 clinical sessions)

IUT LoC Application Fee – £53 for current FSRH members (Associates, Members, Fellows and current holders of the Diploma); £265 for non-members.

Please note: even if you do not hold a Diploma or Nurse Diploma, you can still apply to become an Associate Member of the Faculty. This allows you to pay the reduced membership rate for LoC awards and to gain free recertification if you continue to pay the annual Associate Membership fee.

Bimanual pelvic examination training - £150 (attendance at 3 clinical sessions)

Refresher training sessions – clinicians that have not done enough intra-uterine contraception fittings to be re-accredited or need to gain in confidence can attend a refresher session - £50 per session

What to do next...

For more information, upcoming dates and to book your place,

Visit: www.sexualhealthsheffield.nhs.uk

Click on the 'training' tab

Call: 0114 226 8888 – press option for 'training and resources'

Email:

FSRH General Training Director –

Dr Salmon Omokanye: salmon.omokanye@sth.nhs.uk

FSRH Course Convenor –

Dr Tracey Dibble: tracey.dibble@sth.nhs.uk

Sexual Health Sheffield Course Organiser –

Gemma Newbery: gemma.newbery@sth.nhs.uk

Sheffield's Guide to the Letter of Competence in Intrauterine Techniques

This is a practical training programme aimed at doctors and nurses already working in general practice and community sexual health services who wish to develop the necessary knowledge, attitude and skills to support women seeking intrauterine contraception. It will enable them to hold consultations, provide intrauterine contraception competently, and manage any complications or side-effects that may occur.

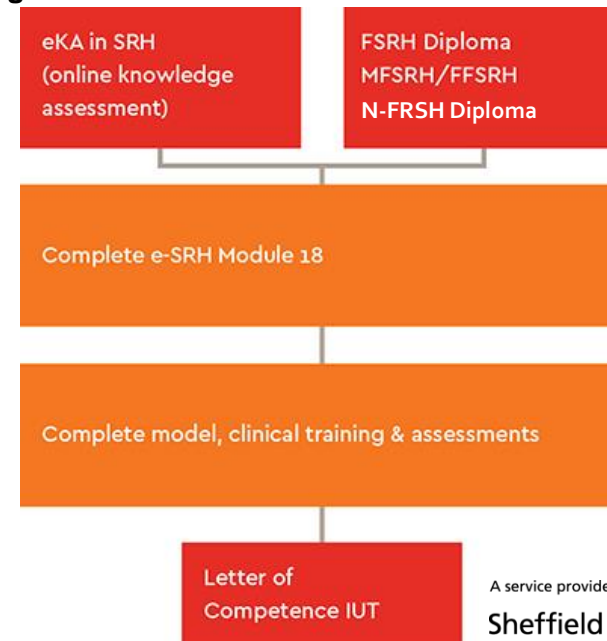
The Letter of Competence in Intrauterine Techniques (LoC IUT) is suitable for both doctors and nurses working in general practice, community and integrated sexual health services.

The FSRH LoC IUT training package

All information and links are available via:

<http://www.fsrh.org/careers-and-training/letter-of-competence-intrauterine-techniques-loc-iut/>

Training Routes



A service provided by

Entry requirements

GMC/NMC

Doctors must be registered with the GMC and have a licence to practise within the UK.

Nurses must be on the UK NMC register (excluding RN Level 2).

eKA

If you **do not** hold a current FSRH Diploma, N-FSRH Diploma, MFSRH or FFSRH, you must pass (or have recently passed) the online knowledge assessment (the 'eKA in SRH'). If you **do** hold a current FSRH Diploma, N-FSRH Diploma, MFSRH or FFSRH, there is no need to take the eKA. The eKA can be accessed via: <http://www.fsrh.org/members/eka/>. There is a £75 fee for each attempt at the eKA. The assessment takes 1hour 45 minutes and must be completed in a single sitting. A successful completion of the eKA will provide an eKA Pass Certificate in the form of a downloadable pdf document.

Completion of e-SRH Module 18

You must complete Module 18 of the e-SRH. This is an e-learning package, free to NHS professionals, which contains interactive learning modules on various topics. Each module lasts around 20 minutes. The e-learning can be accessed at:

<http://www.e-lfh.org.uk/programmes/sexual-and-reproductive-healthcare/>

Basic Life Support and Anaphylaxis Training

The entry requirements for the LoC IUT include the need for trainees to provide evidence that they are up to date with Basic Life Support and Anaphylaxis Training in accordance with their employer's local policy, including competency to give intramuscular injections.

Gynaecological skills

The trainee must be competent in the following gynaecological skills:

- Bimanual Pelvis Examination
- Speculum examination
- Assessment of size, position and mobility of the uterus.
- Assessment, investigation and management of potential IUD/IUS users with:
 - Abnormal findings at pelvic examination
 - Heavy and/or painful periods

- Infrequent and/or absent periods
- Vaginal discharge and sexually transmitted infection
- Acute and chronic pelvic pain.

The primary trainer must be satisfied that trainees fulfil these competencies before undertaking training. Nurses should be competent to the level required in parts 1 and 2 of the RCN Genital Examination in Women.

For trainees without previous pelvic examination training

For clinicians without previous training and experience in bimanual pelvic examination, 3 clinical sessions would be required for the theoretical and clinical training (mostly with patients attending for intrauterine contraception)

Practical Training for clinicians already skilled in bimanual pelvic examination

Clinicians will attend 3 Clinic sessions in Sexual Health Sheffield. This initially involves use of a model uterus to practice insertion technique of common devices, including an IUS and an IUD, until the trainer is satisfied of your competence.

You will then be observed fitting a minimum of seven intrauterine devices in patients who have agreed to take part in the training process. Sometimes candidates will need to attend 4 or 5 clinical sessions before they are competent to fit intrauterine contraception. Practical training must continue until the trainer is completely satisfied with the level of competence achieved by the participant (extra sessions charged at £50 per session).