

## Summary of Costs

ekA - £75 per sitting

E-portfolio - £50 registration

Course of 5 – £350

Clinical Sessions – £200

DFSRH Application Fee - Registration Fee £75 + subscription fee

## What to do next...

For more information, upcoming dates and to book your place, visit:

**[www.sexualhealthsheffield.nhs.uk](http://www.sexualhealthsheffield.nhs.uk)**

click on the 'training' tab

Or call

**0114 226 8888 and press 'option 4' for Training**

Or email:

### **General Training Director -**

Dr Salmon Omokanye [salmon.omokanye@sth.nhs.uk](mailto:salmon.omokanye@sth.nhs.uk)

### **Course Convenor –**

Dr Tracey Dibble: [tracey.dibble@sth.nhs.uk](mailto:tracey.dibble@sth.nhs.uk)

### **Course Organiser –**

Gemma Newbery: [gemma.newbery@sth.nhs.uk](mailto:gemma.newbery@sth.nhs.uk)



## Sheffield's Guide to the DFSRH Diploma of the Faculty of Sexual and Reproductive Healthcare

The Diplomate Assessment of the Faculty of Sexual and Reproductive Healthcare (FSRH Diploma) is for doctors (DFSRH) and nurses (NDFSRH) who wish to demonstrate that they have attained the knowledge, attitude and skills required to deliver safe and effective sexual and reproductive health care in community, primary and secondary care settings.

The FSRH Diploma is suitable for both doctors and nurses working in general practice, community and integrated sexual health services.

The programme is open to doctors with both registration and a licence to practise with the UK GMC or nurses on the UK NMC register (excluding RN Level 2).

A service provided by

Sheffield Teaching Hospitals   
NHS Foundation Trust

# The FSRH Diploma training package

The training involves three stages:

- An online knowledge assessment of Sexual & Reproductive Healthcare (eKA)
- Course of 5; five hours of small group assessed workshops
- Clinical experience and assessment

All information and links are available via

[http://www.fsrh.org/pages/Diploma\\_of\\_the\\_FSRH.asp](http://www.fsrh.org/pages/Diploma_of_the_FSRH.asp)

There are several stages to follow:

## 1. Check you are eligible to take the Diploma

Trainees must:

1. Be registered with either GMC or NMC
2. Be able to demonstrate appropriate consultation skills for sexual health consultations
3. Be up to date with resuscitation and anaphylaxis training
4. Be able to demonstrate appropriate gynaecological skills

## 2. Register for access to e-learning (e-SRH) – Optional

A candidate may acquire their theoretical learning in a variety of ways. The FSRH provides an optional free e-SRH e-learning programme. This is not an essential requirement for the Diploma but is an optional resource to use in preparing for the eKA. Modules on topics covering areas such as contraception, sexual behaviour and STI testing and screening will be delivered in sessions taking about 20 minutes, and the entire course is estimated to take about 30 hours. The sessions are interactive, with animations, video clips and self-assessment questions. There are links to current guidelines and other resources. The e-learning can be accessed at:

<http://www.e-lfh.org.uk/programmes/sexual-and-reproductive-healthcare/>

## 3. Take the on-line Knowledge Assessment in SRH (eKA)

A candidate must achieve a pass in the eKA in SRH before proceeding to the Course of 5. The eKA can be accessed via <http://www.fsrh.org/members/eka/> There is a £75 fee for each attempt at the eKA. The assessment takes 1hour 45 minutes and must be completed in a single sitting. A successful completion of the eKA will provide an eKA Pass Certificate in the form of a downloadable pdf document. Please keep a copy as you will need it in the next step.

## 4. Applying for your FSRH Diploma e-portfolio

Before you can progress to the Course of 5 you will need to apply to the Faculty for a personal DFSRH e-portfolio. The FSRH requires 5 – 10 days to process applications. The 3 entry requirement forms need to be completed in the e-portfolio prior to attendance at the Course of 5 (C5).

## 5. Attend the Course of 5

The Course of 5 involves 5 intensive hours of workshops and assessments which must be passed before candidates move on to clinical training. This training course is available at Sexual Health Sheffield. You can apply for the Course of 5 in Sheffield via Gemma Grayson  
**Please see overleaf for more details**

## 6. Clinical experience and assessment

Usually candidates will attend 4 Clinical sessions with Sexual Health Sheffield, during the clinical sessions there are 7 clinical assessments. Occasionally candidates will have to attend for another session if they have not passed all the assessments.

You can apply for the Clinical experience and assessment sessions in Sheffield via Gemma.

**Please see overleaf for more details**