

HIV Service Newsletter

October 2017

Sheffield Teaching Hospitals would like to ensure that it continues to provide high quality, patient centred HIV services. As part of this planning, we are redesigning our current HIV outpatient services. We feel this is an excellent opportunity to develop the existing services. We aim to provide our service users with excellent treatment in a caring and supportive environment.

Currently people living with HIV in Sheffield attend either the Department of Infection and Tropical Medicine (E Floor) or Sexual health Sheffield/Dept of GUM (A Floor). The new service will join the two departments together. We believe this new service will bring together the expertise from both services which will benefit you and your care.

We want to make sure that service users remain at the centre of these new developments. 184 patients completed a survey and we will use this information to inform the development of this new service.

Patient Survey Results

Who do you want to see in clinic?

- 78% of patients would be happy to talk to a Specialist HIV Pharmacist about medication
- 79% of patients would be happy to see a specialist nurse for review instead of a doctor

Important Services

- Over 80% of A Floor patients, and 70% of E Floor patients felt that a drop in clinic would be an important aspect of an HIV clinic
- Over 90% of A Floor patients and just under 70% of E Floor patients felt that having a sexual health clinic on site would be an important aspect of an HIV clinic

Accessing services in-between appointment times

- Over 65% of service users stated they would like to access the service by telephone
- When asked what additional support services patients would like:
 - >70% stated HIV Social Workers
 - >60% stated support from others living with HIV
 - >50% stated Pharmacists
 - >60% stated Dietician
 - >50% stated Clinical Psychology
 - >30% stated Contraception services

Frequently Asked

Will I be able to see my usual HIV doctor?

Yes – you will be able to see your usual HIV doctor although they may be working on a different day/time.

Will I be able to see my usual HIV nurse?

Yes – you will be able to see your usual HIV nurse.

Will my care be affected by the change in service?

No - We want to reassure you that the service changes will not affect your care in any way. We hope that by joining the clinic teams together it will have a positive impact on the care you receive.

Will the date and times of my outpatient appointment change?

We hope to be able to offer greater flexibility with clinic days and times including some early and late appointments. We will keep you up dated regarding this.

Where will the new service be?

We currently don't know the location of the new service but can reassure you that it will remain at the Royal Hallamshire Hospital.

When will the new service open?

We hope to open in early 2018

How can I have my say about the new HIV service?

We feel it's important for you to have an opportunity to have a say about the new clinic.

We will therefore be hosting a focus group, which all service users are welcome to attend. This will be on **Wednesday 22nd November 2017, starting at 5:30pm**, in the Sexual Health Sheffield Seminar room. For more information or to register your interest in attending please e-mail SpecialistNursingTeam@sth.nhs.uk

If you feel unable to attend the focus group, but would like to provide your input, please speak to a member of the nursing team or contact us by e-mail as above.

PTO 

Peer Support Mentors

The department has been busy recruiting for volunteer Peer Support Mentors over the last six months. We are working with Project 100 to establish the service and our volunteers will be attending the three day core training in November. The aim is to start mentoring in the new year. Thank you to those who will be giving up their time to support others living with HIV.

For further information please e-mail:
SpecialistNursingTeam@sth.nhs.uk

Research

As part of the Academic unit of Specialised medicine, the HIV service in Sheffield is committed to involvement in local, national and international research. This enables people in Sheffield living with HIV to access the latest treatments and research studies. Dr Karen Rogstad (SH) and Dr Paul Collini (ID) lead for HIV research, strongly supported by our team of research doctors, nurses and administrators. Current studies are:

- YETI: Yellow Fever Vaccination in people with HIV
- Fendrix; Fendrix hepatitis B vaccination in HIV non-responders to standard Engerix B Hepatitis B vaccination courses
- Positive Voices: National Survey of People Living with HIV
- PuMAH: Pulmonary MRI imaging in people with HIV on treatment
- Lung Health: Investigating the burden of respiratory ill-health in people living with HIV and its treatment
- SIRVVIS: viral respiratory tract infections in immunocompromised patients
- Continued follow up of patients in 3 studies that are now closed to recruitment; START, PIVOT, and Metabolic Bone Disease

If you would like to get involved in any of the research studies or have any questions about research, please contact the research team on:

ID&SHSRESEARCHTEAM@sth.nhs.uk

PrEP

The PrEP IMPACT Trial is a national study on the use of generic Truvada to prevent HIV infection in high-risk individuals who do not have HIV. Previous studies have shown this to work, this new study is to look at its use in real-life situations. Sheffield is one of the five initial centres to commence the study and it is planned to start recruitment in the next few weeks. Sheffield has 40 places on the study.

As well as other groups, male or female HIV-negative sexual partners of people living with HIV who still have a detectable viral load may be able to enrol - if this is relevant for you please discuss this with your doctor/nurse at your next appointment, or contact one of the HIV Clinical Nurse Specialists. The study leads are Dr Karen Rogstad and Charlie Hughes.

Naming the new service

We are committed to the integrated service reflecting the voices of our patients and would welcome any feedback or opinion on proposed new names.

The following have been suggested as possible clinic names - please e-mail us with any comments and/or preferences at **SpecialistNursingTeam@sth.nhs.uk**

Stonegrove

This is the place where HIV education was first set up in Sheffield by Dr David Black, Public Health Consultant in 1991.

Clinic 84

Representing the date when HIV was first discovered.

Kinghorn/McKendrick Centre

Professor Kinghorn and Professor McKendrick were both Sheffield physicians who led on the development of HIV services in Sheffield.

The Centre

To represent that those attending the clinic are at the centre of the services we run.