

PASH Project

Peer Activities in Sexual Health

Information For Youth Organisations

WHAT IS PASH?

Young volunteers (16-20 years), trained by Sexual Health Sheffield, deliver sexual health information and education sessions to young people in schools, colleges, youth and community settings.

The project targets its service to young people at increased risk of STIs and unplanned teenage pregnancy.

WHAT PASH OFFERS

- ◆ Sexual health promotion information stalls - in young people's settings and at community events.
- ◆ Input to sex and relationships education programmes within young people's settings, covering a range of topics, for example, contraceptive methods and effective condom use. The specific content of sessions varies according to the needs of each organisation.

A service provided by

Sheffield Teaching Hospitals 
NHS Foundation Trust

FEEDBACK FROM STAFF...

"The delivery was excellent and the volunteers were very approachable and friendly."

"The volunteers were very confident and interacted well with our students."

"The students relate well to someone nearer their age - so are more open."

WHY A PEER EDUCATION APPROACH?

- ◆ As young people themselves, PASH volunteers are positive role models for other young people and are in a position to relay important sexual health promotion messages to their peers.
- ◆ The volunteers undertake initial training, receive one-to-one and group support and are required to have satisfactory Disclosure and Barring Service and Occupational Health clearance.

TO FIND OUT MORE, CONTACT:

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